Getting started

Many of my canine patients took on a new lease of life, became like puppies again, when I changed their diet to raw meaty bones and a few table scraps. Puppies started on a more natural diet grew healthy and strong and seldom needed veterinary care. Perhaps I should not have been surprised; for Nature works wonders in numerous ways and a diet of raw meaty bones plus a few scraps approximates to the natural diet of dogs in the wild. How and why natural food works wonders are questions needing answers. For now, though, we can tap into the benefits, we can feed our dogs raw meaty bones.

This back-to-basics approach puts us in touch with the inner needs of our dogs—and it's easy.

Throughout the book I refer to Nature's teachings so that if you are stuck for an answer you can refer to Nature too. As you gain in confidence, you may want to share your discoveries. 'Think of Nature' tell your friends and neighbors when you want them to savor the simplicity and joy of feeding dogs the natural way.

Once you make a start many things will help reinforce your commitment:

- The looks of contentment on furry faces.
- The satisfying crunch of teeth shearing bone.
- Trim, taught, terrific pets free from debilitating diseases.